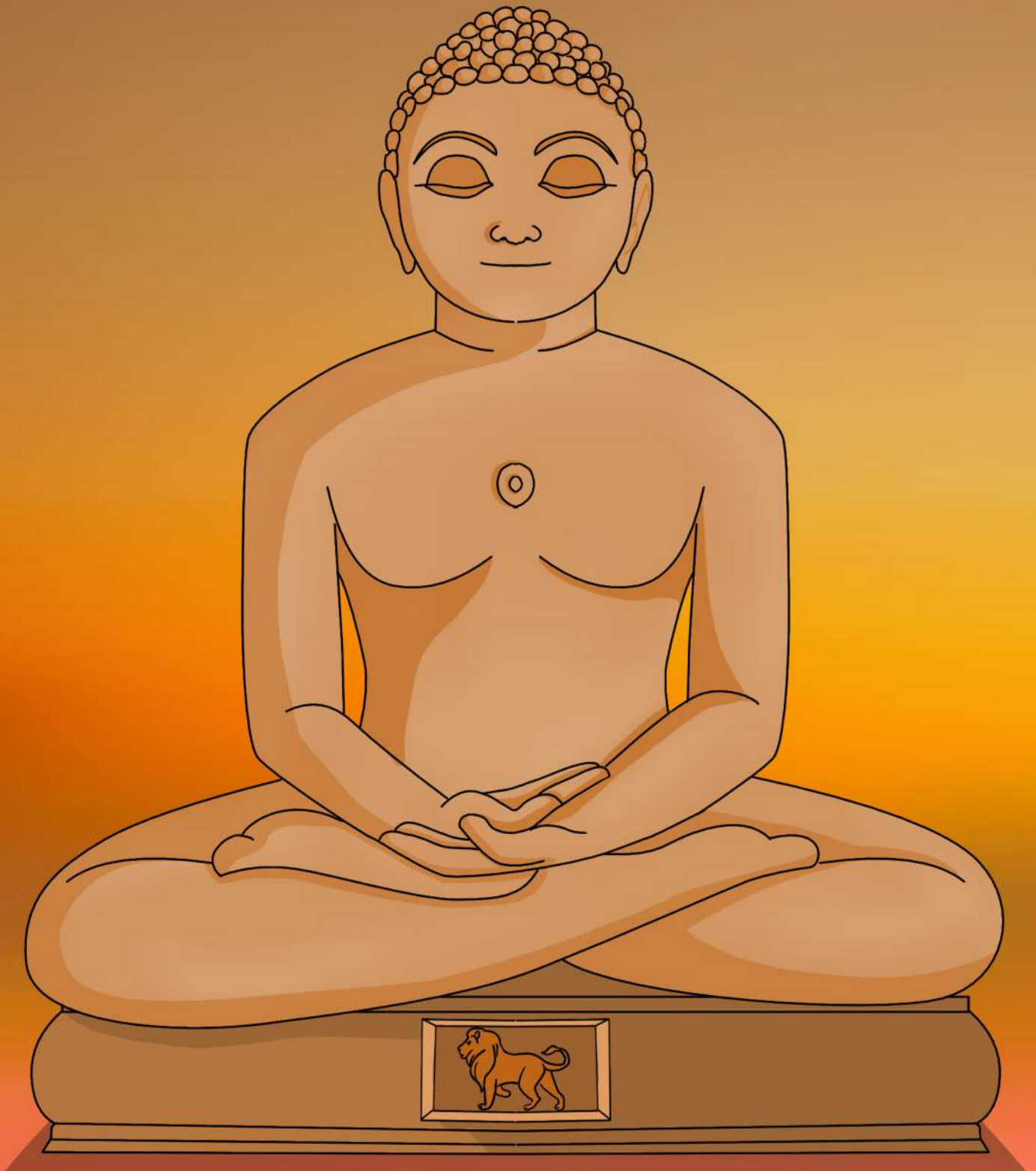


Lesson 13

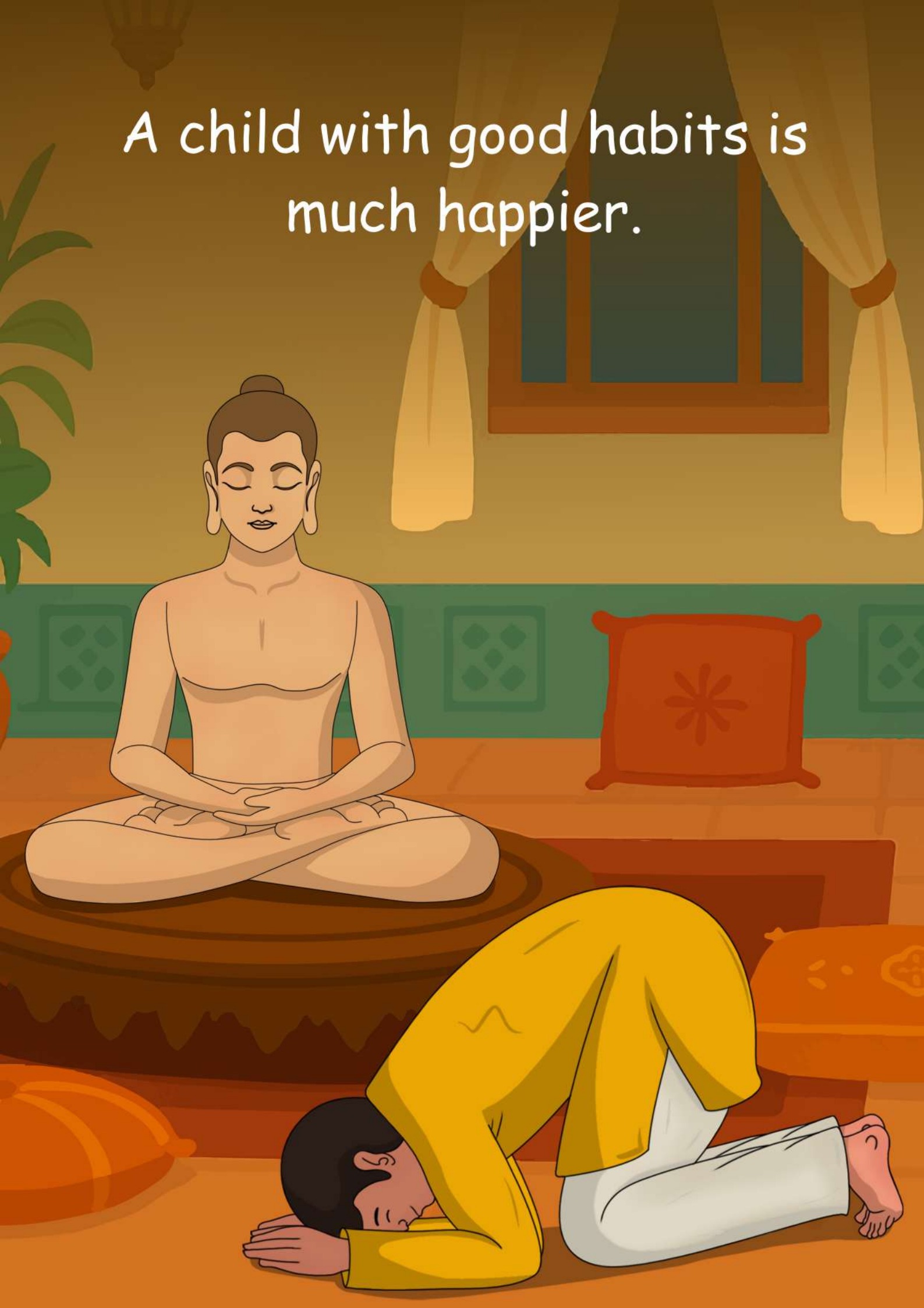
Our Good Habits- Part 01



We must be careful of
everything that we say or
do.



A child with good habits is
much happier.



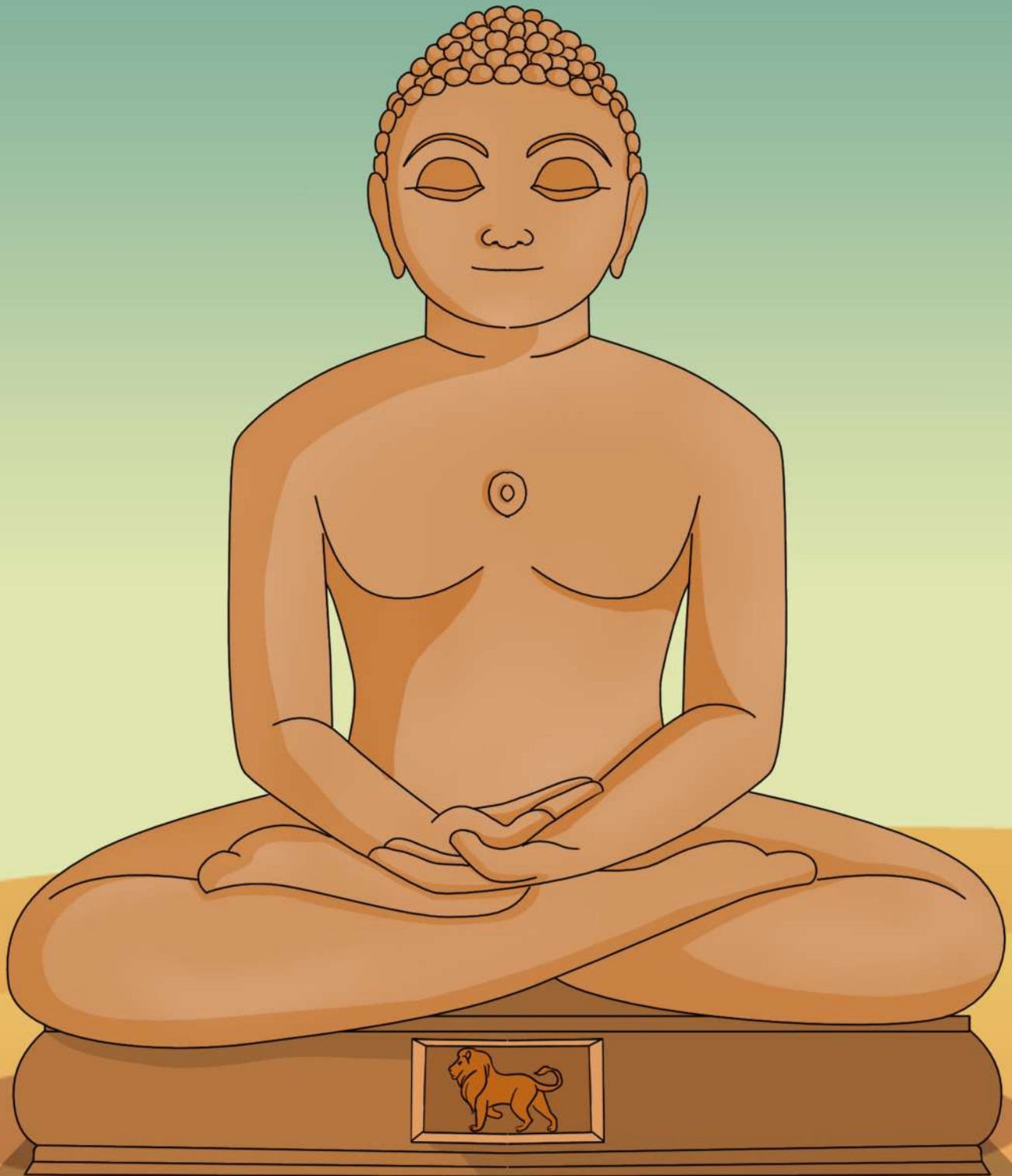
Everybody likes a happy and well-behaved child.



If you have good habits you will have more friends, even your elders will like you more.



Some of our good habits
are:



We get up early.



We recite the Navkar
Mantra daily.



We say our morning prayer.



We respect our parents,
teachers, and elders.



We go to the Upashray and temple daily.



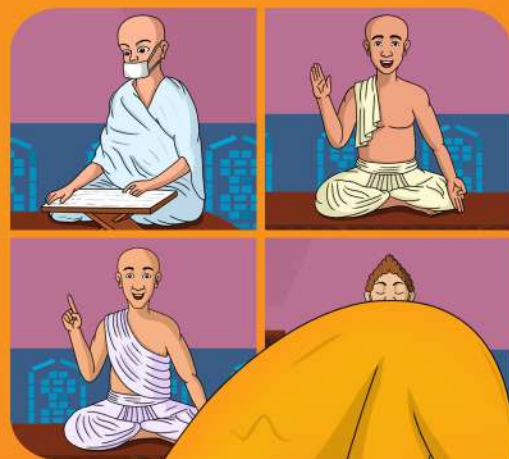
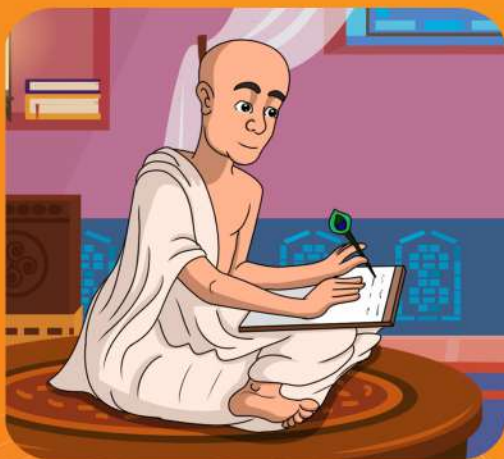
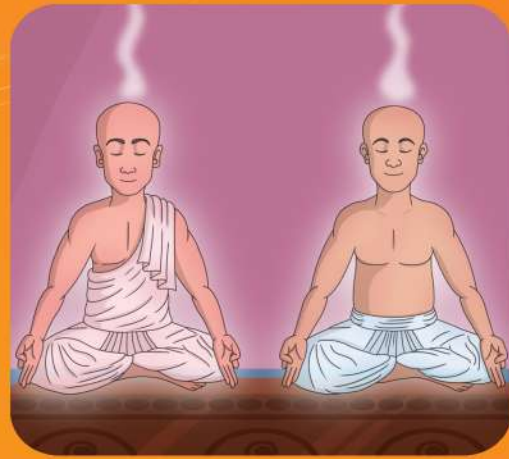
We go for the darshan of
sadhus(monks) and
sadhvis(nuns).



We respect sadhus(monks)
and sadhvis(nuns).



We learn from sadhus and sadhvis.



We put what we have learnt
into practice in our daily
lives.

